Annual Plan Report

Year:	2021
LCDC:	Meath
Lot:	Meath County (11-1)
Local Development Company:	Meath Community Rural and Social Development Partnership CLG



Annual Targets	
КРІ 1	45
KPI 2	275
%KPI 2 Living in Disadvantaged Areas	17.00%

Actions

(2021) G1.1 Building Stronger Communities	
Goal 1	
Location	
Navan, Trim, Duleek, Enfield, Ashbourne, East Meath, Athboy, Kells, etc.	

Description

Communities, whether geographical or interest based, are complex and have a range of characteristics that define them. The SICAP Team recognises that often the very things that create disadvantage, poverty, lack of educational opportunity, poor health, and poor transport links, also create barriers to bringing about the empowerment that is one of the key ingredients for bringing about real change. When we propose to support 'empowered' communities, we mean a community that is organised to take action to bring about change that is of benefit to those that live there or supported by the community of interest

Covid-19 and the restrictions that have been in place in 2020 have challenged communities and has changed the landscape of these communities in ways that will impact them into the future and particularly in 2021, while we plan for further restrictions and try to maintain contact with local community groups while they attempt to connect while staying apart. When the national restrictions were introduced in March 2020 we moved quickly to engage with groups via other forums such as zoom, engagement was positive and we hope to build on this in 2021 continuing to support community groups through these platforms.

In this context, community capacity building is a critical step in laying the foundations for community empowerment and progressing local community groups along the community development matrix. Essentially, community capacity building is the SICAP supports that community groups access to help them address issues which are important to them. Building on a training programme to LCGs on community leadership in 2019, in 2021 we are seeking to continue to build on this training and identify a number of projects and local initiatives that can be trialled to advantage our local communities. Our community development officer, working alongside these LCGs has defined specific supports and further training needed by the newly trained community leaders. To further build capacity, these groups will be offered training in areas such as mediation skills, negotiation and networking skills in order to place them in a position to mentor new emerging community leaders and build a new network of support for community leaders in Co. Meath. Our collaborative partners will be requested to continue to work alongside us to invest time, resources and skills to support these communities to achieve their goals. Other training areas identified and seen as important in the current climate are grant writing skills and fundraising capacity.

Whilst much of the support provided to community groups and organisations through SICAP in 2021 will involve providing facilitated access to the resources they need to operate effectively, capacity building also involves working with local groups to help them understand decision making processes and structures within the county (such as the LCDC, PPN, Strategic Policy Committees, CYPSC, etc.) and to develop their ability to inform and influence decisions that affect them directly or indirectly.

In 2021 we will undertake the following activities:

- Continue to mentor and assist LCGs on both an individual and, where appropriate, a collective basis to address local social inclusion and equality issues outlined in the support plans building on their newly acquired leadership skills. This activity will be ongoing throughout the year.

- Using the collaboration space to build the capacity of community groups by providing a range of training as identified through the implementation of the Building Stronger Communities Development tool. Training already identified in the areas of networking, mediation, grant writing, and fundraising

-To assist groups to network and take effective joint action to address local issues

-Enhanced awareness of and planning for, the inclusion of disadvantaged youth in community activities.

It is our intention to organise and showcase LCG's through social media sites in November 2021, showing the range of community activities taking place in County Meath specifically activities with a strong social inclusion focus, to support the networking of these groups and provide a space for information exchange and learning. This non-caseload event will engage 20 LCGs and their representatives. In 2021, our concentration will remain on working with LCGs which include people from the SICAP target groups whilst also building the capacity of local stakeholders, organisations and agencies to understand and address local communities' concerns and needs. It is our intention to produce a hard copy booklet showcasing the LCG's in conjunction with the social media campaign to be used as a community group directory for both the public and the LCG's. This event will change to a face to face event if restrictions allow

We will continue to develop and support tailored support plans for each LCG identifying resources available, resources required, action steps necessary and a pathway for linkages to local and regional decision making structures. It is estimated that 21 LCGs will avail of this training and mentoring support. Where necessary, external training specialists will be contracted to assist the SICAP team in delivering this action.

Location

Navan Urban and Navan Rural

Description

In 2021 we will continue to operate a dedicated SICAP Outreach Office in Oaklawns, Navan, facilitated by the Respond Housing Association. This will assist in bolstering local community infrastructure, will enable ongoing direct engagement with low income households, disadvantaged families and children, jobseekers, older people and negatively affected new communities. We will continue to offer a range of SICAP services and programmes from the office in Oaklawns throughout the year for these target groups.

Over the past two years we have witnessed a marked improvement in community spirit and dialogue within and across these estates, but there is still a significant amount of work to be achieved under this action. Whilst the current government restrictions allow for very little physical contact and face to face meetings, the Covid-19 crisis has highlighted our human need for connectedness, a sense of belonging, contact and inclusion. The Covid-19 situation has exacerbated the reality that many are suffering with higher than ever levels of social isolation, exclusion and marginalisation. To try and alleviate this pressing issue, we hope to engage members of these communities in planning, designing and implementing projects and actions that will address and promote a strong sense of community spirit. These actions combined with our full-time presence in Oaklawns will support participation, inclusion, empowerment, efficacy and a sense of collective responsibility within and between these communities.

In 2021, our priority is to work with our collaboration partners to begin to address the community's physical characteristics and social facility environment to enhance greater community engagement and community well-being. We will undertake a consultation process in the form of a community visioning event to identify the things that matter most to residents now in light of the changes that Covid-19 has brought to both their individual lives and their communities. From this we will create a community agenda. One of the top priorities is to begin to address the physical environment within the estates in a way that still promotes social distancing whilst getting the community involved in this project. This is also an opportunity for SICAP to begin a conversation in terms of climate action, sustainability, environmental care and upkeep, protecting biodiversity and promoting the UN Sustainable Development goals specifically Sustainable Communities (SDG 11); responsible consumption (SDG 12) and Climate Action (SDG 13) in a practical and targeted way that engages families, young people and children to get involved and take pride in their local estates.

Some of these activities will be supported through a targeted CAN grant scheme and will focus on the community achieving a better understanding of the nature of their community's' physical environment, this should contribute to a shared understanding of how to improve and use open spaces and should encourage pride in the local environment. Specifically, 2021 actions will include the following:

• Working with and supporting 10 local community groups; this will be ongoing throughout the year.

• Use the place standard tool as part of a consultation process to identify what is needed in the community and to get a sense of what residents need to bring about a stronger community

• Host a community visioning event as part of a consultation process to involve as many stakeholders as possible. This can be done via a Zoom Conference if a physical one cannot take place

• Continue to bring groups together through the medium of the online Collaboration space and within this space to facilitate the promotion of resilience and other tools that may help to negate the negative impacts of the pandemic crisis.

• Support the creation of a community garden in Oaklawns

• Encourage estate level clean-ups and the formation of tidy estate committees working with the tenancy liaison officers within Meath County Council

• Assist local groups with funding applications to create local estate management plans with our collaboration partners

• Design and deliver a community information campaign with practical workshops that promotes awareness of how the physical environment can impact (positively and negatively) on community health and well-being

• Deliver a short activities-based summer programme for disadvantaged young people to encourage and support their inclusion locally and get them involved in local actions at estate level. This action will be delivered in collaboration with local youth organisations. This will allow the local youth to transform a space that will allow them to collaborate and communicate in a safe manner whilst giving them ownership of the project.

Location

Navan, Ashbourne and Mosney Reception Centre

Description

Migrant groups are highlighted as being one of the populations most severely affected by the covid-19 restrictions during 2020. Language barriers, overcrowded accommodation and lack of social engagement are just some of the difficulties facing these groups. Our work in 2020 has been to support migrant led groups and their members to access the range of programmes, schemes and supports that are available as a result of covid-19, to raise awareness of these schemes and support groups to interface with the various departments and agencies. We intend to build on this work in 2021 and support groups with up to date information on supports available. There is a need for grassroots development work with local communities, with agencies and with representatives of new communities to build a positive narrative in relation to the impact and contribution of new communities to the social and cultural fabric of Meath and we will begin to address this through the creation of local opportunities for migrants and new communities to get involved in local community activities. Working with migrant-led community groups throughout 2020, the evidence of a networking gap among LCGs especially those that involve migrant-led or migrant involving organisations is evident with few opportunities for these groups to come together either thematically or geographical

In 2020, with additional funding secured through the Department of Justice and Equality, the SICAP Team had planned to bring together 12 LCGs (8 migrant-led and 4 local LCGs) from across the cultural spectrum using the medium of food; a recommendation put forward by the LCGs in 2019. We will use this funding in 2021 and continue with this planned event bringing together smaller groups. The reason for focusing on food is that across all cultures, food is about sharing, community and connectivity. Food is an international language, often the unspoken ambassador of integration. County Meath is host to significant Eastern European, African, Asian and Syrian communities and through this action we would like to create opportunities for learning, exchange and sharing; creating a space to exhibit and experience both Irish and migrant cultures, promote intercultural awareness and begin to build relationships, contacts and informal networks between LCGs. With access to the Lismullin Culinary School, we will host two food making and cultural training workshops with these LCGs in order to enhance intercultural awareness and local community capacity; improve the understanding of the contribution that migrants make to social and civic life in county Meath and to recognise the diverse cultures that are present in community life in Meath. We hope to provide a space where migrants will have an opportunity to network and share resources with each other and to offer them an opportunity to educate others about their own home country through the medium of a showcasing event.

This initiative intends to help build and solidify networks within LCGs in Meath recognising that integration is a two way process, building mutual acceptance and trust are key conditions to social cohesion and will be addressed under this action.

In recognising the negative impacts that there may have been on migrants in terms of isolation and mental health due to Covid-19 it is hoped that we can provide a series of mental health workshops over 2021 that will aim to offer support and guidance to counteract the negativity of the pandemic. This combined with opportunities to network and showcase home countries may help to alleviate the negative effects and sense of isolation that many communities have felt in the current climate.

In 2021, we will continue to build the capacity and work with 5 migrant-led LCGs on a one-to-one basis also in order to promote and embed the concept of bridging social capital and carry out the following activities:

- provide a series of mental health workshops using an inter-agency approach to build capacity.

- ongoing support and training input in good governance, access to local grants and supports, linkages to other LCGs

- link the LCGs with local decision making structures and encourage their involvement in the PPN and other representative networks at county level such as the Later life Network, Meath Intercultural Network, and others.

-offer migrants the opportunity to network with each other and to showcase their country's culture in a showcasing event. If Covid-19 restrictions have been lifted this will be a physical event, otherwise it will be held via a zoom platform.

Meath Partnership will support the implementation of the new Meath Louth Integration Strategy to achieve its aims and deliver a number of inter-agency actions where appropriate.

Location

Navan and Kells

Description

Meath Partnership continues to support the ongoing development of 5 recently established community-based family support LCGs in Meath using the principles and approaches of community development and engagement. These LCGs are at the pre-development stage as per the Community Development Matrix. During the lockdowns and restrictions of 2020 these groups found it difficult to come together via on line platforms due to barriers faced in the changing landscape of family life. The necessity to combine remote working with home-schooling and childcare, especially in the absence of other sources of support (such as extended family), and the income loss resulting from permanent or temporary lay-offs caused family stress and made it difficult for members to find time to allocate to group attendance. The experience of remote working and home-schooling has brought the digital divide into sharp relief, with families differing in their access to an adequate number of devices and to high-speed broadband.

In 2021 we hope to concentrate on bringing these groups back together via on line platforms as we recognise that there is a much greater likelihood of obtaining a good understanding of the collective views of disadvantaged families if they meet regularly and have opportunities to share experiences and develop more informed opinions about what they need. These LCGs also function as channels to provide information, training supports and one-to-one mentoring for local families and families who may need more individual one to one interventions and in 2021 we are proposing to address a number of themes and issues arising from the pandemic.

An increase in the reports of anxiety in adults during the pandemic restrictions is likely to a have a very significant impact on the emotional wellbeing of the family as a whole and it will be important for SICAP to address this via one to one support and workshops. Other themes will include

-Preparing nutritious food - cooking on a budget

- Maintaining a healthy lifestyle while in restrictions low-cost family activities
- Looking after your own well-being and parenting styles
- Building resilience in children and the family as a whole
- Engagement with local health services knowing where to seek help

Parenting in stressful times

All of these training topics will delivered as workshops via on line platforms from March 2021 until October 2021. Our collaborative partners, will be invited to participate in these workshops and share information with local families in attendance.

1Location

Navan, Athboy, East Meath and Ashbourne

Description

The aim of this project is to support the establishment and development of 4 local community groups specifically focusing on the needs of disadvantaged women experiencing exclusion, lacking confidence, low self-esteem and mental health issues, in order to address and enhance their current quality of life. This intervention will encourage this target group to become more active members of their communities through the development of local Teach Mná LCGs. Through the LCGs, participants will engage in activities selected and designed by women for women with effective local control. These activities will be embedded with skills supportive of personal development, communication, confidence building and positive mental health.

As part of this action, Meath Partnership will support the established Teach Mná in Athboy, Ashbourne and Navan and the newest Teach Mná in East Meath to address local identified needs. It will focus on building the organisational structures within these LCGs through committee skills training, governance support and action planning. Focus will also be given to the Athboy and East Meath groups to support the establishment, growth and development of their Teach Mna' by building capacity and confidence of the members.

Teach Mná has proven to be a valued community-based space for women to meet, learn, network and socialise with each other.

In 2021 Meath Partnership will offer the following supports to these LCGs;

• Provide capacity building and organisation development training to these LCGs through the linking of the four Teach Mná; this activity will take place throughout the year.

• Small grants to each Teach Mná to provide activities which demonstrate the benefits of team work and how close friendships can relieve stress, achieve better outcomes and collaboration within the community.

• Build alliances with other organisations to challenge the marginalisation of the hard to reach within this target group and support the establishment of other Teach Mná across the county through information seminars. It is envisaged that our collaboration partners will play a role in supporting the delivery of these information and training seminars.

•Improved independence and organisational capacity within the groups.

Location

Navan, Mosney Reception Centre, Ashbourne, Kells

Description

The objective of this action is to enhance the integration of Third Country Nationals', refugees and migrants through their participation in the social and cultural life of the host communities of Co. Meath and to foster capacity-building of local communities on successful integration via volunteering and cross-community cultural actions.

Migrant groups are highlighted as being one of the populations most severely affected by the covid-19 restrictions during 2020. Language barriers, overcrowded accommodation and lack of social engagement are just some of the difficulties facing these groups.

Working alongside Meath Volunteer Centre, we are exploring a range of virtual volunteering roles and also volunteering roles within people's own communities that will address some of the initial language, technology and motivational barriers identified and will broaden the volunteering activities beyond the original cultural settings envisaged. We intend to engage and support 15 migrants, refugees and TCNs to participate in local community activities and volunteer in local community organisations in order to promote their social integration. Our collaborative partners will be asked in some instances to host migrants as cultural ambassadors in their new volunteering roles.

We will provide an information support to access the range of programmes, schemes and supports that are available as a result of covid-19, to raise awareness of these schemes and support migrants to interface with the various departments and agencies. We intend to foster knowledge and experience sharing, as well as implementing a training programme focusing on creating dialogue, social change and integration. We will support the empowerment of these target groups to increase their participation in local community life and finally develop partnerships and cooperation among stakeholders and all actors involved in promoting integration at community level.

In 2021 SICAP also intend to provide English business language supports for migrants living in Ireland who are unemployed or under employed and highly skilled and wish to gain employment in their area of expertise.

Meath Partnership will support the implementation of the new Meath Louth Integration Strategy to achieve its aims and deliver a number of inter-agency actions where appropriate.

Location

Navan, Kells, Laytown, Stamullen and Trim

Description

The Engage Project is an out-of-school support programme for school refusers, early school leavers and those at risk of early school leaving between the ages of 15 and 17 years old. Using established social care and youth work approaches this voluntary programme is open to young people living in County Meath who have disengaged from mainstream education on either a short or longer term basis. Engage, which is fully funded by SICAP, provides a tailored programme aimed at enabling up to 12 young people, at a time, from county Meath to re-engage with education and/or training and employment, to develop life skills that foster good relations and build self-confidence and resilience. The Education Youth Support Officer, as part of the SICAP Team, works directly with young people, their referrers, families, schools and other agencies to support the individual needs of each young person based on an agreed personal action plan. 51% of young people we are working with seek help from the Education Youth Support Officer for anxiety caused by parental separation, traumatic experiences, peer pressure, exam stress and identity uncertainty and due to the effects of the pandemic on this age group we expect to see general anxiety rise in this population. In 2021, we are proposing to run a therapeutic programme that will support young clients to address this anxiety.

The support and activities offered by the project are grounded in evidence-based interventions and comprise a mix of individual sessions and small group work and activities. We are using a range of tools and educational resources to support young people with literacy, numeracy and digital skills, communication and conflict management, life skills, coping strategies, personal development and goal setting.

Due to current government guidelines in dealing with covid-19 many client programmes will be presented online. This will involve working with platforms like Zoom and will facilitate both one to one work and small groups aimed at achieving positive outcomes on issues in education, mental health, wellbeing, drug and alcohol awareness and managing finance. The SICAP team understand that the health and safety of participants is of paramount importance and we will be following all government guidelines in relation to working during Covid-19.

The Write-On programme, a fully accredited online learning platform developed by NALA is being utilised to great effect with some young people given the flexible and dynamic nature of the programme. We will measure and track the soft outcomes achieved by the young person and re-inforce the achievements to build confidence and validate skills.

This is a collaboration project with the following agencies and stakeholders making client referrals to the programme: Navan School Completion Programme, CYPSE, Probation Services' JLO and Navan Young Peoples Development Project, Education Welfare Officers, SUST Counsellor and LMETB Youth Officer.

In 2021, 35 young people will be supported through this action.

(2021) G2.3 Meath Homeless Information Service

Goal 2

Location

Co. Meath

Description

In 2021, we will offer wrap-around supports for single adults who are homeless (living in emergency accommodation)/at risk of homelessness (notice to quit), those recently housed (moving out of homelessness) and vulnerable adults living alone and those experiencing mental health problems which threaten their tenancies.

We will continue to work with local and state agencies to advance the needs of our clients. We believe that the approach taken by the SICAP team under this action, is making a positive contribution to how some of the key services working in the housing, homelessness and mental health services are responding to our client group.

Many of the 45 clients supported through this action, lack the necessary life-skills and resources to manage their tenancy sufficiently. A life skills programme focusing on enabling clients to learn about their rights and responsibilities as a tenant and to be more confident in promoting them will be central to this action and will offer both group work skills and individualised support. By offering person-centred support which "reduces opportunities for abuse, enhances respect, develops people's confidence and improves quality of life", the SICAP team are targeting and working with the most vulnerable people in our society.

The role of the Meath Homeless Information Service will be to deliver the following activities:

- Provide information clinics through county Meath supporting a caseload of 45 individuals. Assessment of needs in order to signpost and refer to appropriate services and acting as a broker to facilitate access to mainstream supports and services, where the service exists.

-Building confidence and increasing support network

-Identifying training and education goals.

-Tenancy sustainment supports for people at risk of homelessness and those struggling to manage their tenancy, will be offered on a one-to-one and small group basis and external trainers will be engaged to support the SICAP Team to deliver the life skills programme. All activities under this action will take place throughout the year based on the needs of the client group. Collaborative partners will act as both inward referral and outward referral agents to this action.

(2021) G2.4 Meath Employment Service	
Goal 2	
Location	
Co. Meath	

Description

Meath Employment Service will predominately focus on the immediate consequences of the COVID-19 health pandemic on unemployment. Ireland's standard unemployment rate now stands at 5.2% and is rapidly increasing when those in receipt of the Pandemic Unemployment Payment (PUP) are included. Furthermore, when the PUP scheme is closed at the end of March 2021 it is expected that Ireland's Public Employment Services (PES) will have to transfer a large number of individuals from the emergency PUP to the Live Register. These circumstances create a huge influx of PUP claimants seeking employment supports, while notwithstanding the detrimental effect mass unemployment has on poverty and inclusion.

As such; Meath Employment Service will endeavour to provide job-mediation and case-management services while also providing one-toone career coaching and career guidance. The service offers career coaching and preparation services as well as targeted support to help jobseekers access appropriate bridging vocational training and short-term activation courses via blended learning online and in person; when appropriate. This service is tailored to the specific needs of the unemployed, prioritising personalised supports, developing client capacity and assisting individuals to access mainstream services and employment opportunities. 95 clients will be supported in 2021.

As part of a multi-faceted approach to working with unemployed clients, providing pathways for a client to become self-sufficient as a self-employed person plays a key role. Through this action, Meath Partnership will continue to support jobseekers, referred by DEASP, into meaningful self-employement through the Business Options Service and facilitated access to the BTWEA Scheme. This service operates on a flexible outreach basis across the county addressing access barriers in terms of transport costs and public transport availability and also support and guidance on how to operate a business during COVID 19 pandemic. 40 clients will be supported in 2021 and Meath Partnership will engage the services of sub-contractors to offer tailored 1-2-1 business mentoring and coaching and accredited QQI start your own business training.

In 2021, we will support the economic integration of 20 marginalised groups these will include members of the travellers community, lone parents, new communities, refugees and asylum seekers with stamp 4 as follows:

• short work-based learning courses, career mentoring, guidance, and job skills preparation

Pre-development and activation work

• Facilitate mentoring and training programmes for migrants in county Meath wishing to set-up a business or secure employment.

Interagency collaboration and cooperation with local employers is imperative to support and activate long-term unemployed (LTU) individuals facing multiple employment barriers. Our experience in this field demonstrates that the approaches taken by the SICAP team to activate their clients matter; personalised counselling and job-search monitoring are important pillars of effective activation, requiring ongoing and persistent face-to-face contacts with LTU clients.

Location

Navan, Trim, Oldcastle, East Meath

Description

The immediate impact of the COVID-19 crisis on youth employment is extremely stark. Employment among young people in Ireland and elsewhere in Europe is highly concentrated in the sectors worst affected by the crisis, such as the hospitality and retail sectors. Young people were also less likely to occupy jobs in which working from home was already an option; job losses among young people far exceed those of older age groups. Evidence from the Pandemic Unemployment Payment (PUP) shows that close to 60 per cent of young people aged 18-19 and 47 per cent of those aged 20-24 lost their jobs as result of the COVID-19 crisis compared to 26 per cent of all workers. These figures do not include seasonal workers, including students who take up summer employment to fund third-level education. Experience shows that youth employment takes longer to recover following recession and current forecasts suggest that unemployment will remain high in 2021. Previous recessions also suggest that inequalities between groups of young people are likely to widen, and those with fewest qualifications will be the most disadvantaged. Young people entering further/higher education and training also face uncertainty and disruption.

This service will provide personal guidance and career coaching to 30 young people in county Meath between the ages of 16 to 24 years. Specifically, for young people who have completed school and are now 16 to 18 years of age, it is evident that there is a dearth of supports and services available to them mainly due to the eligibility criteria of state activation services that only become available once you are over 18 years and in some cases, with more than 1-year unemployment. This action is a bridging action between Engage and the Meath Employment Service.

We will focus on areas such as self-esteem, resilience and life-skills assisting and supporting the young person until a more long-term or permanent solution has been found in terms of a job, study place or other type of activities. When young people in vulnerable situations start work, it is important that follow-up support is provided to ensure that they are gradually building basic employability skills. Providing on-going support and training once young people are in work to help them retain their employment and secure on-going career progression is also important. This support will help ensure sustainable employment; by developing the skills necessary to retain a job or improve mobility within the labour market.

The development of employability skills through coaching and workplace training opportunities is an important component of labour market supports for young people. However off-the-job supports are also incredibly important and they can take many forms such as referrals to various health, education and social services; access to financial support for obtaining stable housing; support in the form of public transport vouchers and meals; informal counselling about further education and training; and financial support for additional training programme fees.

The collaboration partners listed for this action will provide referrals to Meath Partnership and will also assist the SICAP Project Officer to create suitable progression plans for the young person supported.